

Writing for publication

Translational Biomedicine Institute for Clinical and Translational Science University of Iowa

February 15, 2023

Jennifer Barr, PhD Senior Scientific Editor and Writing Consultant Scientific Editing and Research Communication Core Carver College of Medicine

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Who we are

Director, Scientific Editor & Writing Consultant

Christine M Blaumueller, PhD

- Laboratory researcher (14 years)
- · Journal editor (6 years)
- Founder of UI Scientific Editing Service in 2006
- Founder of SERCC in 2017
- · Teacher of scientific writing

Scientific Editor & Writing Consultant

Heather Widmayer, MS, MBA

- · Laboratory researcher (7 years)
- Full-time editors since 2020
- · Teacher of scientific writing
- Experience with/training in NIH & NSF grants
- Focus on projects from Department of Neurology



Senior Scientific Editor & Writing Consultant

Jennifer Y Barr, PhD

- Laboratory researcher (11 years)
- Scientific editing Intern (2015–2017)
- Full-time editor since 2017
- · Teacher of scientific writing
- Experience/training in NIH, NSF & DoD grants



Scientific Editor & Writing Consultant

Michael R Rebagliati, PhD

- Laboratory researcher (>30 years)
- Writer/editor of grants (>20 years)
- Full-time editor since 2022
- Expert in zebrafish and frog as model systems of development
- Focus on projects from Department of Pediatrics



All have:

Advanced degrees in science I Laboratory experience I A love of clear writing!

What we'll cover today



Why you need to write well

2

Ways to make the reader's job easier

3

Ways to make your job easier

4

Corresponding with the editorial office

5

Questions and Resources

3

Why you need to write well

I write to discover what I know. - Flannery O'Connor



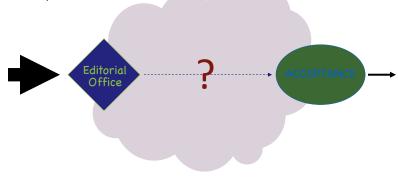
- Gain a deeper understanding of your research, how it fits into current body of knowledge
- Discover problems or limitations of your research (before someone else does)

https://fsgworkinprogress.com/2015/07/23/a-stamp-of-good-fortune

Why you need to write well

Your writing will be evaluated for publication by busy people:

- Reviewers
- Editorial Board members (sometimes)
- · Editors
 - Academic
 - Professional



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Why you need to write well



Who are professional editors?

- editing is their full-time job
- trained in research, typically with a PhD or MD and postdoctoral experience
- more aligned with research community than the publishing community
- · generalists relative to you

- A difference from journals with academic editors
- their job: to make decisions consistent with the journal's editorial policy, and with their other published content

Why you need to write well

Goal: avoid "reviewer fatigue" and poor use of author time.

Editors may do pre-review screening, and this might entail:

- reading newly submitted papers
 - doing literature searches

presenting papers to other editors

- collectively making decisions about each paper, for:
 - in-depth peer review
 - Editorial Board consultation (if applicable)
 - editorial rejection (do novelty and general interest stand up?)

Editorial Roard

Editorial review

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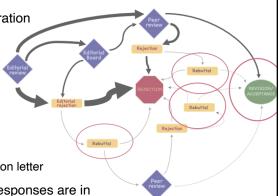
Why you need to write well

Sample day for a professional editor

• select new reviewers for papers under consideration

where previous day's requests were declined

- · prepare to discuss each new paper
 - read, do literature search
- · attend editorial meeting
 - present papers, advise colleagues
- · act on decisions from editorial meeting
 - might include writing (clear, constructive) rejection letter
- make decisions on papers for which reviewer responses are in
- · consider/respond to any rebuttals
- select new reviewer candidates as necessary



Why you need to write well

Lesson:



- Most journals can accept only a small fraction of the papers submitted
- Editors (and their advisors) have heavy workloads
- Reviewers have heavy workloads/are overburdened with requests to review papers



So do everything you can to make the editor's and reviewers' jobs easier.

(also applies to grants applications)

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Ways to make the reader's job easier

- 1. Make the critical information easy to find
- 2. Make the information easy for a reader to digest
- 3. Use illustrations, data figures, and tables wisely
- 4. Make titles informative and interesting
- 5. Stick to guidelines/fulfill all requirements



1. Make the critical information easy to find

Put information where it is expected:

• Abstract (or Summary) — a little of everything!

Introduction— why you did your study (gap in literature?)

• Materials & Methods— how you did your study

• Results - what you did (logic, analysis)

• Discussion - implications and what sets study apart

• References and Acknowledgements

• Supplementary Information— data or methods that don't fit

The key is to tell readers:

- WHAT they need to know
- WHEN they need to know it

IMRaD structure:

- Since 19th century
- Expectation since 1940s

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Methods not always in this

order (journal

dependent)

1. Make the critical information easy to find

Abstract content according to Nature instructions:



General introduction

More detailed background

Gap in knowledge

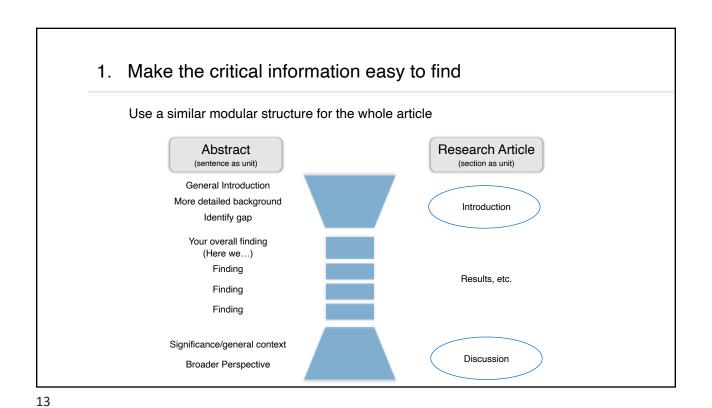
Overall finding

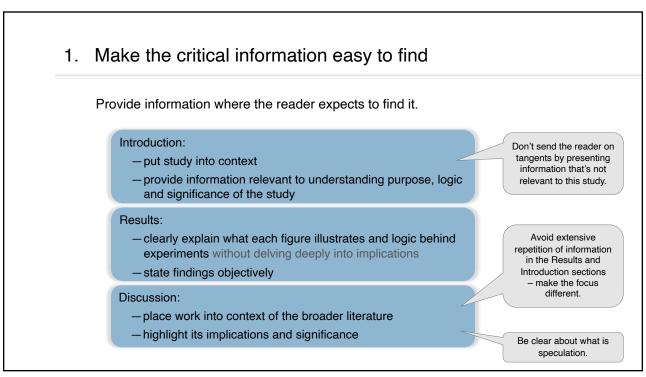
Finding Finding

Finding

Significance/general context Broader Perspective

> https://www.nature.com/documents/ nature-summary-paragraph.pdf





1. Make the critical information easy to find

Provide information where the reader expects to find it.

Materials & Methods:

- provide enough detail that every experiment can be reproduced
- remember that criteria for rigor and reproducibility of data are becoming increasingly stringent

References:

- check for accuracy
- follow journal format (especially if rewriting for new journal!)

Supplementary Information/Extended View data:

- follow journal guidelines
 - this might not be meant as a place for entire methods section
 - this might not be copy edited
- remember that this will add to the reviewers' workload

If this is a methods paper...

- Make the need for the new method clear in Introduction
- Make the value of the new method clear in the Discussion section.
- Focus on the method in the Results section too.

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1. Make the critical information easy to find

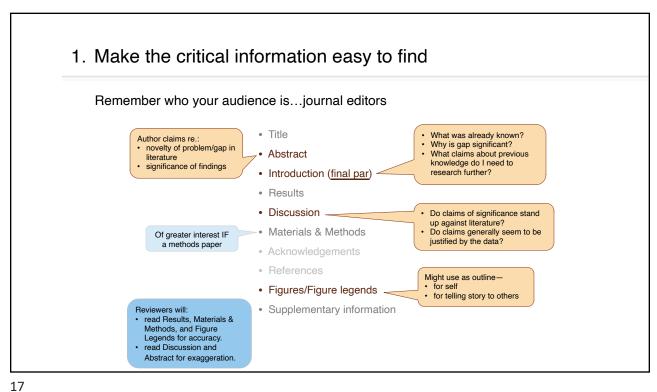
Remember who your audience is...

- Title
- Abstract
- Introduction
- Materials & Methods
- Results
- Discussion
- Acknowledgements
- References
- Figures/Figure legends
 - · Supplementary information

Specialist

- Title
- Abstract
- Introduction
 - Materials & Methods
 - Results
- Discussion
 - Acknowledgements
 - · References
 - Figures/Figure legends
 - Supplementary information

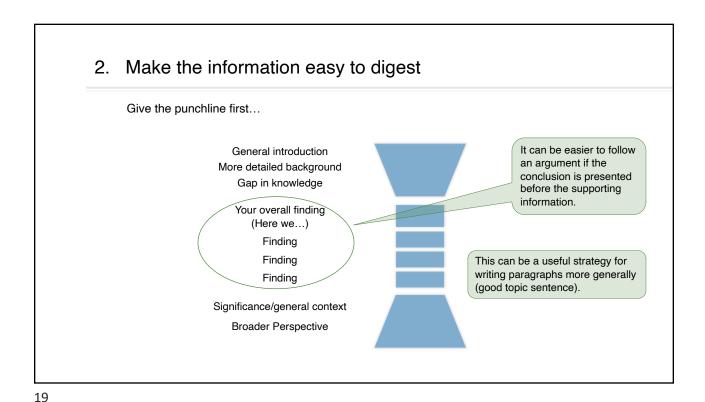
Non-specialist



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2. Make the information easy to digest

Present information in a sentence to fit the context.

Topic position – beginning of the sentence

- · Place "old" information here to provide perspective and context
- · Circumvents having the reader hunt for the real point of emphasis
- · Helps reader construct logical flow of the argument

Failure to write with these in mind can lead

- A hunt for the real point of emphasis
- Misinterpretation of meaning.

Stress position – end of the sentence

- · Place "new" information here
- · The reader naturally emphasizes material that arrives at the end of the sentence

Gopen & Swan: The Science of Scientific Writing, American Scientist 78, 550-558. 1990.

2. Make the information easy to digest

Present information in a sentence to fit the context.

The topic versus the stress position

- · The reader expects the story to be about the "one who showed up first"
- · Either of the following sentences can be used, depending on what came before

NADPH oxidase generates reactive oxygen species. [if topic of paragraph is NADPH oxidases]

Reactive oxygen species are generated by NADPH oxidase. [if topic of paragraph is reactive oxygen species]

Note that either the active or passive voice is OK to use

Gopen & Swan: The Science of Scientific Writing, American Scientist 78, 550-558. 1990.

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2. Make the information easy to digest

Keep the verb near its grammatical subject

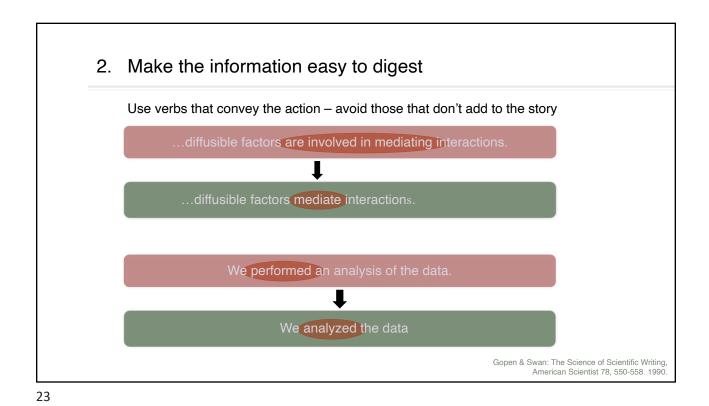
Indeed, health care providers' attitudes and perceived comfort in treating specific populations, for example in a survey of Vancouver dentists who found that only 19 percent of respondents treat elderly patients living in long-term care facilities, have been noted as contributing to the access problem.

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2. Make the information easy to digest

Minimize nominalization (i.e., making useful verbs into nouns)

...a prolongation in median survival can be achieved.

...median survival can be prolonged.

Gopen & Swan: The Science of Scientific Writing, American Scientist 78, 550-558. 1990.

2. Make the information easy to digest

Be judicious using nouns as adjectives

• May be referred to as compound adjectives, compound nouns, noun strings, or noun stacks

... Nox1-containing NADPH oxidase-induced O2*-mediated EGFR transactivation

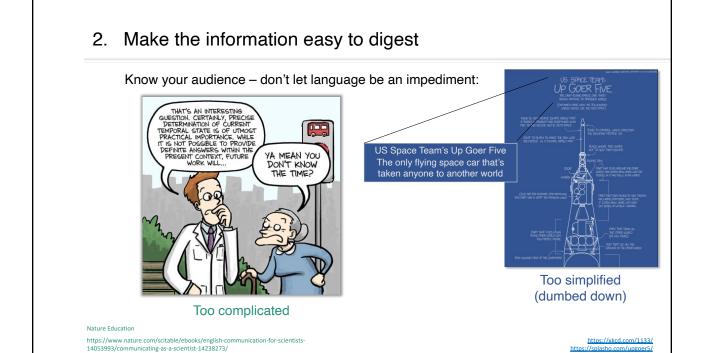


..O2*-mediated EGFR transactivation induced by Nox1-containing NADPH oxidases

Gopen & Swan: The Science of Scientific Writing, American Scientist 78, 550-558. 1990.

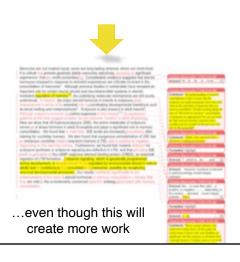
https://www.enago.com/academy/noun-stacks-why-you-should-avoid-them-in-scientific-writing/

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2. Make the information easy to digest

- Get feedback from colleagues:
 - in the field
 - and outside the field
- · Revise your writing based on their feedback
- Start early

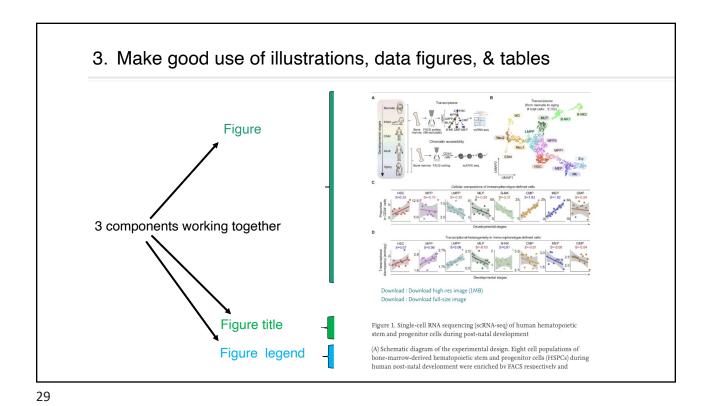


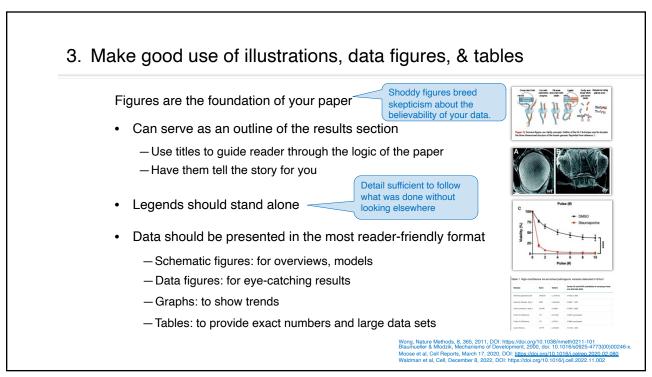
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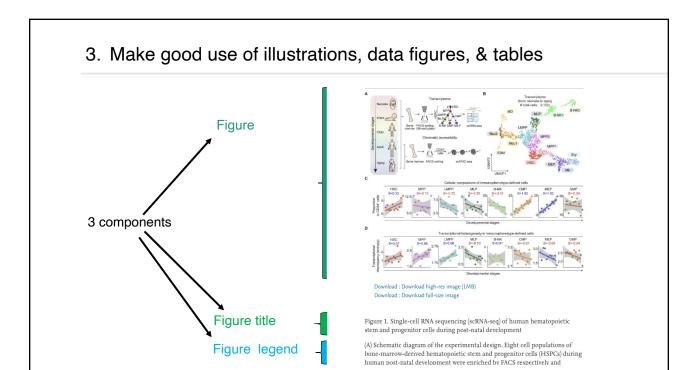
Ways to make the reader's job easier

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3. Make good use of illustrations, data figures, & tables

- · Present information in a logical order that is easy to describe
 - Include enough information to orient the reader

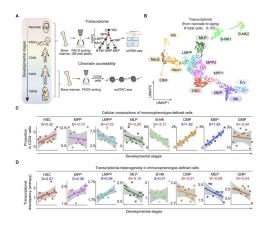


Figure 1. Single-cell RNA sequencing (scRNA-seq) of human hematopoietic stem and progenitor cells during post-natal development

- (A) Schematic diagram of the experimental design.
- (B) UMAP display of 6,102 hematopoietic stem and progenitor cells
- (C) Varied proportions of immunophenotype-enriched cell populations in CD34+ cells during the developmental stages.
- (D) Transcriptional discrepancy in each immunophenotypeenriched cell population during the developmental stages

Developmental Cell Volume 57 Issue 24 Pages 2745-2760.e6 (December 2022) DOI: 10.1016/j.devcel.2022.11.013

3. Make good use of illustrations, data figures, & tables

Guidelines for figure legends (and tables)

- · Include overall title and panel titles
 - Cover all aspects of figure in overall title
 - Make it clear what makes each panel unique

Figure 1. Single-cell RNA sequencing (scRNA-seq) of human hematopoietic stem and progenitor cells during post-natal development

(A) Schematic diagram of the experimental design. Eight cell populations of bone-marrow-derived hematopoietic stem and progenitor cells (HSPCs) during

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Overall title

Panel title

Figure 1. Single-cell RNA sequencing (scRNA-seq) of human hematopoietic stem and progenitor cells during post-natal development

(A) Schematic diagram of the experimental design. Eight cell populations of bone-marrow-derived hematopoietic stem and progenitor cells (HSPCs) during

- Give information necessary to understand what is shown (not more)
 - E.g., do not restate methods or draw conclusions
- Make legend text consistent with figure labels, layout, and main text
- Include statistics, significance values, descriptions of symbols *

* Specify n values in all cases.

3. Make good use of illustrations, data figures, & tables

Guidelines for using tables

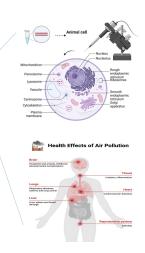
- Use only for at least two columns of information
- Use as little space as possible
 - make titles descriptive but not lengthy
 - use footnotes instead of subtitles where possible
 - combine closely related information where reasonable (e.g., Mean/SD + range)
- Avoid repeating information
- Be as uniform as possible, especially with formatting
- Provide units of measurement
- Footnotes
 - use for explanatory information, defining abbreviations, etc.
 - use symbols for easy identification

From Olsen: CSE 2013 Short Course for Manuscript Editors, Table Editing, May 3, 2013

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3. Make good use of illustrations, data figures, & tables

- · Choose software
 - · Adobe Illustrator/Photoshop (powerful tools)
 - https://its.uiowa.edu/support/article/101386
 - BioRender (editable icons)
 - https://medicine.uiowa.edu/sercc/resources/biorender-loaner-license
- Save and keep raw image data uncompressed
 - · Saving as a JPEG loses information/quality, but does reduce size
- Follow journal guidelines
 - Often limits on the dpi (dots per inch) (usually < 600 dpi)
- Get feedback
 - · And revise your figure for clarity.



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4. Make titles (and headings) informative and interesting

- Purpose
 - capture reader's attention
 - highlight what is new
- · Should be
 - Informative...
 - what makes this different from other papers
 - not merely a description of the investigation, but of outcome
 - consider using a verb
 - Yet succinct

Notch processing and its consequences for receptor trafficking

Intracellular cleavage of the Notch receptor produces a surface heterodimer

4. Make titles (and headings) informative and interesting

Ask yourself:

- · Does the draft title accurately predict the focus and content?
 - Does it match the conclusion?
 - Is the contribution or potential application clear?
- If using a verb/full sentence:
 - Are the findings sufficiently supported to justify this?
 - Is the key finding stated simply?

Intracellular cleavage of the Notch receptor produces a surface heterodimer

Rare coding variants in ten genes confer substantial risk for schizophrenia

- · Can use modal verbs (may/might/could) to suggest:
 - a direction of research or a potential eventual contribution

Circadian rhythms in hippocampal microglia may contribute to age-related neuroinflammatory sensitization.

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4. Make titles (and headings) informative and interesting

Ask yourself:

Is it easy for a reader to understand the draft title? If not...

A program that trains technicians to repair openers for oil cans?

- Are there too many nouns?
 - "Compound nouns" (also called "compound adjectives") can make relationships confusing
 - Example:

An oil can opener repair technician training program

- · Are there too many prepositions?
 - Example:

A filter with a model for the contrast sensitivity of the visual system for modeling human performance in detection tasks with different viewing angles

A program that trains repair technicians to open oil cans?

Hilary Glasman-Deal Science Research Writing: For native and non-native speakers of English, 2nd Edition World Scientific, 2020

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Hilary Glasman-Deal Science Research Writing: For native and non-native speakers of English, 2nd Edition World Scientific, 2020

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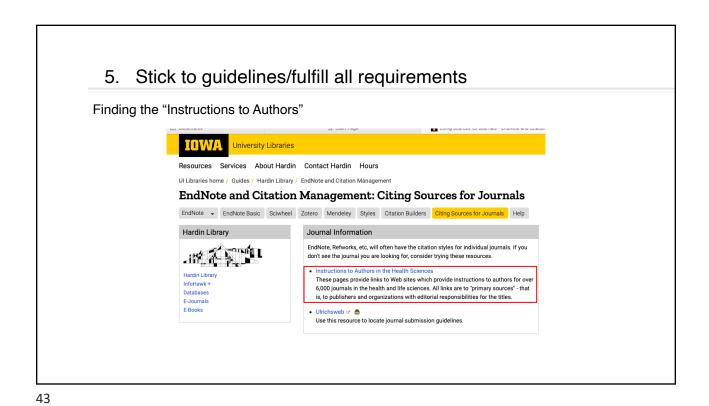
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Looking at examples in the journal can help

ail to read or follow

Often, authors fail to read or follow instructions carefully.



5. Stick to guidelines/fulfill all requirements

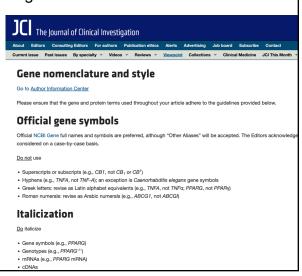
Some journals have their own nomenclature guidelines:

For humans

- human alpha-1-B glycoprotein gene: A1BG
- · human alpha-1-B glycoprotein protein: A1BG

For mice

- mouse alpha-1-B glycoprotein gene, A1bg
- · mouse alpha-1-B glycoprotein protein, A1BG



5. Stick to guidelines/fulfill all requirements:

Otherwise, each field/animal model has online nomenclature resources



HUGO Gene Nomenclature Committee https://www.genenames.org



Mouse Genome Informatics database http://www.informatics.jax.org/mgihome/nomen/

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Ways to make your job easier

- · Record experimental details right away
- · Draft your method sections as you do the experiments
- Generate figures and write the legends as soon as you get the data (while the details are fresh in your mind).
- Have the philosophy that the images you acquire should always be publication quality. (unless the first step of the experiment is a highthroughput screen).
- · Load your gels the way you want to present the data in a figure



Ways to make your job easier

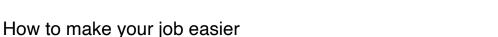
- Develop an outline
 - Figures/Results -> Introduction -> Discussion -> Methods
 - Write the figure legends/results as you collect the data (or at least headers)
- Plan the function (major point) of each paragraph within each section
 - Stick to 1 major point for each paragraph
 - Identify the key pieces that are needed to make the major points



- · Order the paragraphs logically before you start writing
- · Plan the function and order of sentences within paragraphs
 - Start with known (contextual information before bringing in new information)

Hilary Glasman-Deal Science Research Writing: For native and non-native speakers of English, 2nd Edition World Scientific, 2020

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Use reference management software

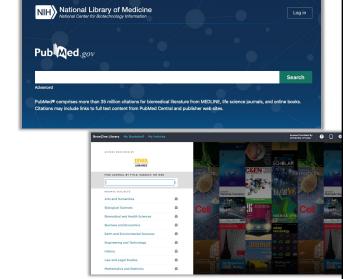
- Endnote Desktop (free to UI students, staff, faculty).
 - For Mac, Windows, and Linux. Can insert citations with a Word plug-in
- · Sciwheel (free to UI students, staff, and faculty).
 - Cloud-based citation management tool, can insert citations into Microsoft Word and Google Documents.
- Zotero is free software to collect, organize, cite, and share research.
 - For Mac, Windows, and Linux. Can insert citations with a Word plug-in

How to make your job easier



Find and Organize Resources

- Pubmed
 - · Free through US gov
- Mendeley
 - · Free through Uiowa
- BrowZine
 - · Free through Uiowa
 - Can download app on phone



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Ways to make your job easier



Figure out where to publish

- · If you are choosing the journal
 - · ask colleagues or mentors for suggestions
 - · have criteria to guide your choice
- · Criteria:
 - · A good peer review process
 - · Targets your desired audience
 - · Visibility (impact factor)
 - Speed
 - · Open Access policy
- · Avoid journals on suspect lists
 - https://guides.library.yale.edu/c.php?g=296124&p=1973764



Journal Impact Factors



THE UNIVERSITY OF IOWA LIBRARIES Hardin Library for the Health Sciences

Journal Citation Reports

What are Impact Factors?

Impact factors are a quantitative measure of the frequency with which the "average article" published in a given scholarly journal has been cited in a particular year or period; this is used in citation analysis (definition retrieved from http://exchanges.wiley.com/authors/finding-a-journal-for-your-research-271.html)

Impact Factor for Journal X =

Citations in 2013 to articles published in X in 2011 and 2012

Articles published in X in 2011 and 2012

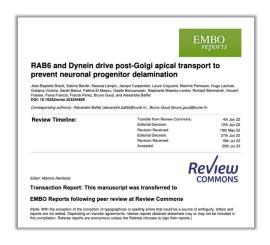
Not all journals have impact factors, and impact factors are not the only indicator of quality. In addition, impact factors vary greatly between subject areas/disciplines.

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Finding Journal Impact Factors UI Libraries home / Hardin Library for the Health Sciences Web of Science and Journal Citation Reports (JCR) Web of Science is a multidisciplinary database that covers over 12,000 journals. It allows you 1) to search articles on a topic and 2) to track an article's cited and citing references. Journal Citation Reports (JCR) is the offical source to find a journal's impact factor. Access to Web of Science and JCR is provided by Web of Knowledge, a research platform by Thomson Reuters (formerly ISI). Guides for Web of Science by its supplier Thomson Reuters - Web of Science By the supplier Thomson Reuters - Web of Science By the supplier Thomson Reuters - Web of Science By the supplier Thomson Reuters - Web of Science by the supplier Thomson Reuters - Web of Science deplace and JCR is provided by twice and searching. - Web of Science deplace and JCR is provided by twice and searching. - Web of Science by the supplier Thomson Reuters - Outlies for Journal Citation Reports (JCR) - JCR Heb; an online help document that allows browsing using it index or Table of Content. (Thomson Reuters) - Finding Impact Eactors via Journal Citation Reports (Hardin Library) For further help contact your librarians.

Corresponding with the Editorial Office





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The cover letter *



- · Send it with any submission and remember that it is for the editor's benefit
- These should be succinct and convey your enthusiasm
- It is opportunity to make case for publication of <u>your</u> paper in <u>this</u> journal:
 - highlight what is new, why it is significant
 - highlight who among readership will be most interested, and why
- · They provide an opportunity to:
 - explain a special need (co-submission, controversy in field)
 - suggest appropriate reviewers (name, contact info)
 - indicate possible conflict of interest for potential reviewers

* The journal might have specific formula for the cover letter

Responding to decisions



Sending your paper off...

...is obviously not the end of the story

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Responding to decisions



If the outcome is REJECTION

- · read editor's letter and reviewer reports objectively
- use comments constructively in rewriting for new journal
- if you feel your work has been misunderstood
 - consider why
 - have you explained everything clearly?

Responding to decisions



Submit a Rebuttal :

- · only if you have logical arguments
- · be succinct
- · clearly outline gist of problem
- · offer to submit a point-by-point list detailing
 - changes that would be made
 - responses to individual concerns
- · maintain respectful tone throughout

Examples:

- The study addresses a key controversy in the field
- The problem addressed is a major stumbling block and this study overcomes that
- Novel aspects weren't highlighted sufficiently

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Responding to decisions

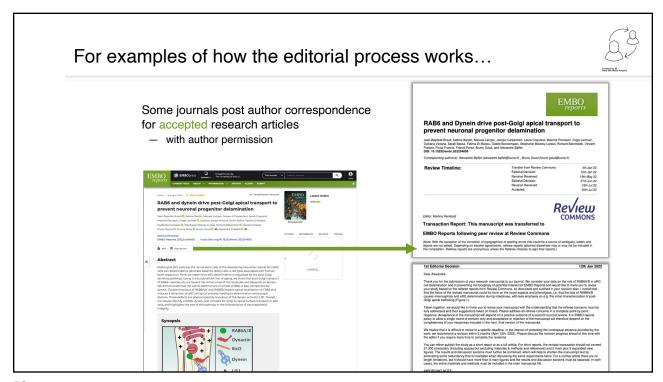


If the outcome is a request for REVISION



- · address reviewer/editor concerns
 - as fully as possible
 - within the time limit for revision
- · if major requests seem unrealistic, check with editor
 - does publication depend strictly on full compliance?
- · prepare cover letter outlining gist of changes made
- make it easy for reviewers and editors to follow changes!
 - point-by-point list of changes/responses to criticisms
 - possibly include manuscript copy with changes highlighted

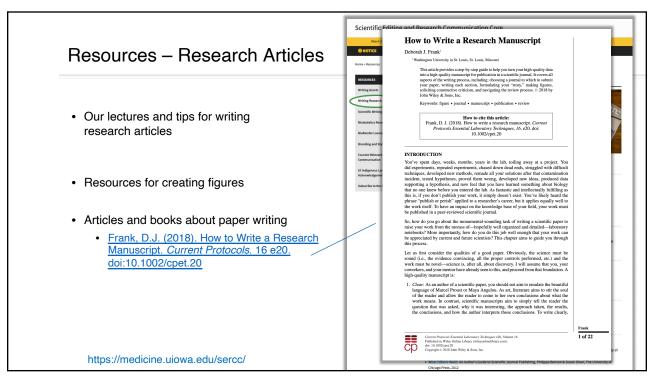




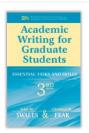
Questions?

Resources





Resources on writing strategy – Publication



John Swales & Christine Feak Academic Writing for Graduate Students, 3rd Edition University of Michigan Press, 2008

> Hilary Glasman-Deal Science Research Writing: For native and non-native speakers of English, 2nd Edition World Scientific, 2020





Joshua Schimel Writing Science: How to Write Papers That Get Cited and Proposals That Get Funded (Illustrated Edition) Oxford University Press, 2011



Philippa Benson & Susan Silver What Editors Want: An Author's Guide to Scientific Journal Publishing The University of Chicago Press, 2012

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Resources - Scientific Writing

- · Our lectures on scientific writing
- · Resources from the graduate college
- Books and articles about scientific writing
- · Books and articles on writing generally

Scientific Editing and Research Communication Core

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Horne - Resources

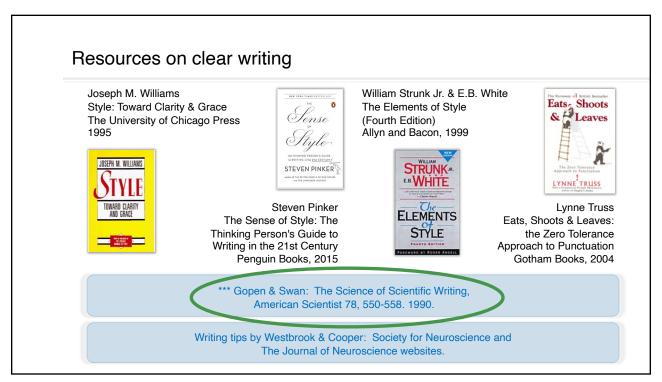
Writing Cants

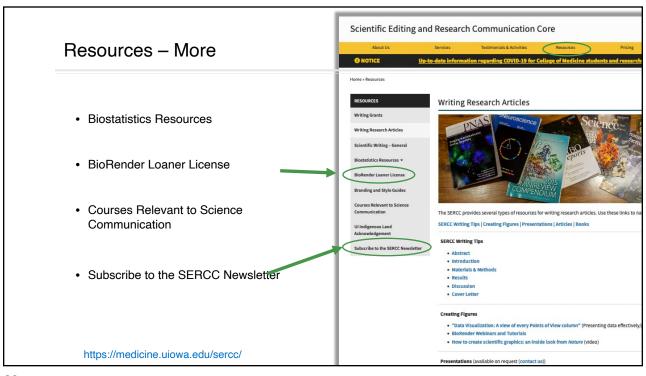
Writing

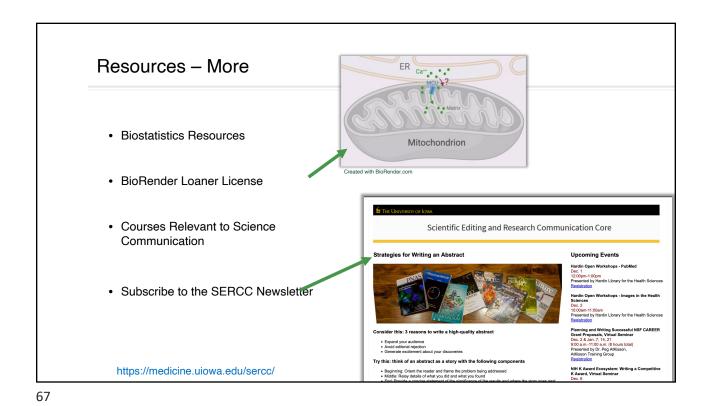
Scientific Writing

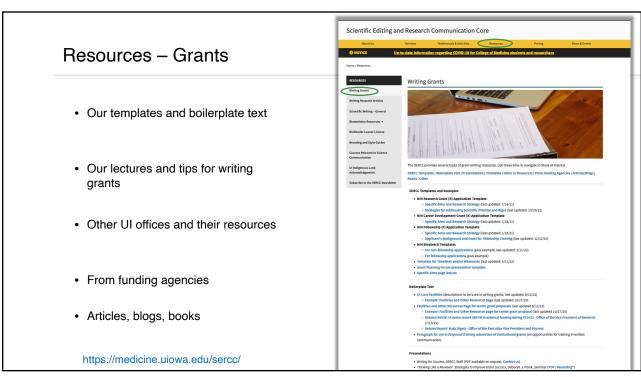
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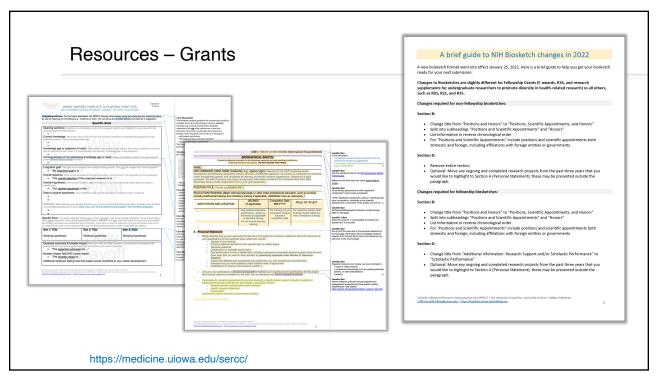
https://medicine.uiowa.edu/sercc/

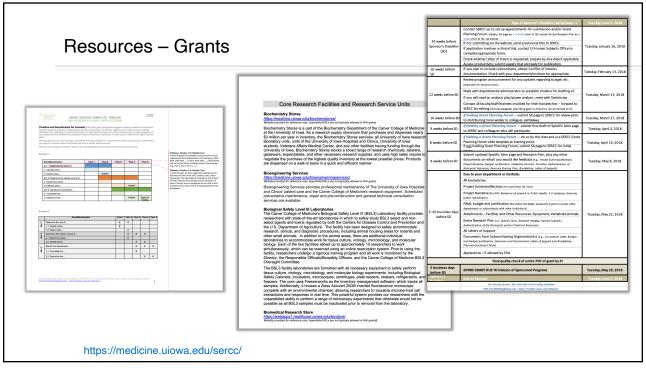












Resources on writing strategy – Grantsmanship

John Robertson, Stephen Russell,
And David Morrison

Writing Winning Grants
(NIH, NSF...)

Grant Writers' Seminars
and Workshops, LLC
http://www.grantcentral.com





AtKisson Training Group

https://www.atkissontraininggroup.com/resources